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Three-dimensional dispersion entropy for uterine fibroid texture quantification and post-embolization evaluation*

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ABSTRACT

Background and Objective: Uterine fibroids are benign tumors that could lead to symptoms complicating a patient's daily life. Those fibroids can be treated using uterine fibroid embolization (UFE), an effective non-surgical procedure. However, objectively quantifying the benefits of such a procedure, and the patient's quality of life, is rather challenging. Methods: With a novel multiscale threedimensional (3D) entropy-based texture analysis, the multiscale 3D dispersion entropy (MDispEn_{3D}), this work aims to objectively quantify the evolution - after UFE - of patients' health in terms of quality of life, symptoms severity, and sexual function. For this purpose, clinical data and magnetic resonance imaging (MRI) scans of fibroids are analyzed before UFE (D0), ten days after (D10), and six months after (M6). **Results**: An inverse correlation is observed between MDispEn_{3D} entropy values and both size and volume of fibroids. An inverse correlation is also observed between MDispEn_{3D} at M6 and the scores of symptoms severity. Moreover, the patient age is found to be related to the relative difference of DispEn_{3D} and MDispEn_{3D} values, between D0 and M6, translating into an increasing entropy value. Furthermore, we show that history of fibroma plays a role in determining the obtained $DispEn_{3D}$ values at D0. Finally, we observe that the lower MDispEn_{3D} values at D0, the larger the size of the fibroid at M6. Conclusions: The proposed MDispEn_{3D} method - by quantifying fibroid texture - could assist the medical doctors in the prognosis of uterine fibroids and the patients' quality of life assessment post-UFE. It could therefore favor the choice of this treatment compared to other more invasive surgical treatments.

1. Introduction 1

Uterine fibroids, also called leiomyomas, are benign > tumors that grow in the uterus. Twenty to thirty percent (20%-30%) of women in their childbearing years are affected by this condition, half of them being asymptomatic [1, 2]. For the other half, symptoms degrade the quality of life, the 6 sexual function, and can cause pelvic pain and heaviness, 7 amenorrhea, menometrorrhagia, compression of nearby organs, infertility or even early miscarriage [1].

Fibroids are composed of muscular and fibrous tissues. 10 Their location can be subserous, interstitial/intramural, or 11 submucosal/intracavitary (International Federation of Gy-12 naecology and Obstetrics classification) [3]. Their type can 13 be non-degenerated or degenerated, non-degenerated oede-14 matous, hypercellular, mixoid/cystic or "red" degeneration, 15 and adenomyoma [4]. Moreover, the incidence of uterine 16 fibroids is higher for women of dark skin, with a higher 17 number of fibroids present and being of a larger size, and 18 associated with more invalidating symptoms. There are also 19 other dispositions to uterine fibroids such as diabetes, family 20 history, nulliparity, obesity, and hypertension. So far, no 21 genetic cause has been found for common uterine fibroids. 22

However, for rare uterine fibroids, such as multiple cutaneous and uterine leiomyomatosis, their occurrence has been attributed to genes encoding the mitochondrial enzyme, fumarate hydratase. In addition, it has been shown that the ovarian steroids estrogen and progestin, growth factors, angiogenesis, and apoptosis processes are the primary regulators of fibroid growth [1, 2].

Patients suffering from uterine fibroids can use med-30 ication to reduce the symptoms or limit the evolution of 31 the fibroid. Surgery is also possible to remove the fibroid 32 (myomectomy) or the uterus (hysterectomy). Other proce-33 dures, such as uterine fibroid embolization (UFE), can also 34 be proposed to either reduce or destroy the fibroid. UFE 35 is a minimally invasive procedure in which the radiologist 36 injects microspheres of hydrogel into the arteries that feed 37 the fibroid. The goal is to block the fibroid influx. Since the 38 1990's, this procedure is used as an alternative to myomec-39 tomies and hysterectomies as it is safer and is associated with 40 less complications [5].

In order to evaluate the benefits of UFE, surveys can be 42 proposed to patients. These surveys are composed of scales 43 and questions where the patients have to answer on a Likert 44 scale. The latter includes five different answers that define 45 the degree of strength, agreement, and frequency according 46 to the questions asked (e.g., very high, high, medium, low, 47 very low, or nonexistent). The answers are studied as ordinal 48 variables. Spies et al. [6] proposed the so-called Uterine 49

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Fibroid Symptom and Quality Of Life (UFS-QOL) survey 50 to determine a severity of symptoms (SSS) score and a 51 quality of life (HROL) score. A high SSS score indicates 52 severe symptoms, while a high HROL score indicates a 53 good quality of life. From these scores, it has been reported 54 that patients who undergo UFE have a significant change 55 in their quality of life and symptoms severity 3 months 56 after embolization [6]. Female sexual function index (FSFI) 57 has also been proposed in [7]. FSFI evaluates the sexual 58 function of women. It is composed of sub-scores such as 59 desire, arousal, lubrication, orgasm, satisfaction, and pain. A 60 high FSFI score represents good sexual function. However, 61 a score below 26.55 indicates sexual dysfunction [7]. 62

Although these surveys provide important information, 63 once the UFE procedure is performed, it is still difficult 64 for radiologists to objectively quantify the evolution of pa-65 tients' health and, thus, evaluate the patients' well being 66 after embolization. In order to overcome this drawback, 67 we herein propose, first, to quantify MRI fibroid texture 68 through a novel multiscale tridimensional entropy-based algorithm. Texture of an image is related to the structure 70 of its patterns. It has recently been shown that entropy-71 based measures can lead to interesting results for texture 72 quantification [8, 9, 10, 11, 12] To the best of our knowledge, 73 only two algorithms have been proposed for the analysis of 74 three-dimensional data: the approximate entropy (ApEn3D) 75 [13] and the fuzzy entropy (FuzEn3D) [14, 15]. In this 76 work, we introduce the multiscale three-dimensional disper-77 sion entropy (MDispEn_{3D}) to evaluate the irregularity and 78 complexity of uterine fibroids towards an assisted diagnosis. 79 Second, in this study we also propose to study the relation 80 between the entropy-based texture and patient quality of life 81 as determined through the two above-mentioned surveys. 82 Our results could therefore help the medical doctors in 83 improving the patients' quality of life and performing better 84 prognosis after UFE procedure. 85

The rest of the paper is organized as follows: the Materials and Methods section introduces the new multiscale 3D entropy-based algorithm, the synthetic data proposed for the algorithm validation, and the clinical data used. We also present the statistical tests performed. The results are detailed and analyzed in the Results and Discussion section. We finally end with a conclusion.

93 2. Materials and methods

2.1. Multiscale three-dimensional dispersion entropy

To objectively quantify the evolution of patient health after UFE, we first propose to quantify the texture of volumetric MRI data. For this purpose, we introduce the extension of the dispersion entropy (DispEn) [16] algorithm to 3D data (DispEn_{3D}). Moreover, we also propose a multiscale approach for DispEn_{3D} (MDispEn_{3D}).

The DispEn algorithm [16] quantifies the irregularity of a signal by first mapping the signal into several classes (c classes). The mapping procedure can be performed

using linear or nonlinear techniques. For this purpose, the 105 first step is to assign the signal, \mathbf{x} , elements with a value 106 between 0 and 1, obtaining y. Then, each element of y 107 is assigned an integer (from 1 to c). Once each element 108 has its class defined, several vectors of m elements are 109 obtained, where m is the embedding dimension. These 110 vectors are called templates or embedding vectors and are 111 basically a group of samples of the mapped signal with 112 the assigned classes. Each of these templates are converted 113 to dispersion patterns. Afterwards, the probability of each 114 possible dispersion pattern is calculated. The final step is 115 to obtain the entropy value using the Shannon's definition 116 for these probability values [16]. The three-dimensional 117 version, $DispEn_{3D}$, is very similar to DispEn, where 118 the main differences are that the analysed data, U, has 119 three-dimensions, and therefore, the templates are no longer 120 vectors but three-dimensional structures, and the mapped 121 data will also be a volume, Y. 122

Consider a volume U of dimensions $H \times W \times L$, where H represents the height, W represents the width, and Lthe length, with its elements being $u_{i,j,k}$ for $1 \le i \le H$, $1 \le j \le W$, and $1 \le k \le L$.

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First, each element $u_{i,j,k}$ is mapped with integers from 1 to *c* classes. This procedure can be performed using linear or nonlinear approaches. To obtain DispEn_{3D} , the normal cumulative distribution function (NCDF) is used to perform the mapping procedure. Even though linear mapping can be fast, for a distribution of **U** where the extreme values (maximum/minimum) are considerably larger than the median or mean value, the mapping results in very few classes. In addition, some natural processes are known for having a sigmoid-based behavior [16, 17]. Therefore, the NCDF is used to map the volume **U** to the new volume **Y**. The elements $y_{i,i,k}$ of **Y** are obtained as follows:

$$v_{i,j,k} = \frac{1}{\sigma\sqrt{(2\pi)}} \int_{-\infty}^{u_{i,j,k}} \exp^{\frac{-(t-\mu)^2}{2\sigma^2}} dt$$
, (1)

where μ is the mean value of **U**, σ is the standard deviation (SD) of **U**, and $y_{i,j,k}$ is the element of the mapped volume **Y** assuming a value between 0 and 1.

Afterwards, each $y_{i,j,k}$ is assigned to an integer value between 1 and *c*, obtaining the elements of **Z** according to the following procedure:

$$z_{i,j,k}^{c} = round(c \times y_{i,j,k} + 0.5)$$
. (2)

Then, the templates, $z^{c,m}(p,q,r)$, are obtained using the embedding dimension vector, $\mathbf{m} = [m_H, m_W, m_L]$, as follows:

$$z^{c,m}(p,q,r) = \{z^{c}(p+\alpha,q+\beta,r+\gamma)\},$$

$$1 \le \alpha \le m_{H} - 1,$$

$$1 \le \beta \le m_{W} - 1,$$

$$1 \le \gamma \le m_{H} - 1,$$
(3)

with $1 \le p \le H - m_H - 1$, $1 \le q \le W - m_W - 1$, and 131 $1 \le r \le L - m_L - 1$. Therefore, the template can be defined 132 as a sub-sample of the volume. Afterwards, each template $z^{c,m}(p,q,r)$ is mapped to a dispersion pattern π_{v_0,v_1,\ldots,v_n} with $n = m_H \times m_W \times m_L - 1, v_0 = z^c(p,q,r), v_1 = z^c(p+1,q,r),$ and $v_n = z^c(p+m_H - 1, q+m_W - 1, r+m_L - 1).$

The number of possible dispersion patterns, n_z , for each template $z^{c,m}(p,q,r)$ is $n_z = c^{m_H \times m_W \times m_L}$. This number emerges due to the fact that the number of elements of a template is $m_H \times m_W \times m_L$, and each element is mapped as an integer number between 1 and c. The number of possible embedded dispersion patterns is $N_m = (H - m_H + 1) \times (W - m_W + 1) \times (L - m_L + 1)$.

For each potential dispersion patterns $\pi_{v_0,v_1,...,v_n}$, we obtain the relative frequency as follows:

$$p(\pi_{v_0,...,v_n}) = \frac{\#\{p,q,r|z^{m,c}(p,q,r) \text{ has type } \pi_{v_0,...,v_n}\}}{N_m},$$
(4)

with $p \le H - m_H - 1$, $q \le W - m_W - 1$, and $r \le L - m_L - 1$. The probability $p(\pi_{v_0,...,v_n})$ corresponds to the number of dispersion patterns of $\pi_{v_0,v_1,...,v_n}$ for its corresponding template $z^{m,c}(p,q,r)$ within the total number of possible embedded templates N_m .

Then, using the Shannon's entropy definition, DispEn_{3D} is obtained as:

DispEn_{3D}(U, m, c) =
$$-\sum_{\pi=1}^{n_z} p(\pi_{\nu_0,...,\nu_n}) \times \ln(p(\pi_{\nu_0,...,\nu_n}))$$
.
(5)

As an illustration, consider the volume in Figure 1 with 149 4 voxels height, 3 voxels width, and 2 voxels length. The 150 values of each $H \times W$ matrix within the length of the volume 151 are also shown in Figure 1. According to the DispEn_{3D} 152 algorithm, the first step is to obtain the volume Y based on 153 the NCDF mapping (Figure 2). Then, each voxel is rounded 154 according to Equation 2. In this case, if we define the number 155 of classes as c = 3, this leads to the volume shown in Figure 156 3. Then, we have to create the templates. For the purposes 157 of this example, we define the embedding dimension as $\mathbf{m} =$ 158 [2, 2, 2]. In Figure 4, we can observe that the first template 159 $z^{c,m}(1,1,1)$ corresponds to the voxels in pink and the second, 160 $z^{c,m}(1,2,1)$, corresponds to the blue ones. 161

W-2	0.1	0.2	0.4	0.7	0.8	1.1
VV=3	3.2	2.4	1.8	1.4	3.6	1.2
	2.6	0.5	0.3	0.9	0.3	2.4
L=2	0.1	0.6	0.7	3.3	2.1	0.8

Figure 1: Example of a volume **U** with H = 4, W = 3, and L = 2 (left), with the corresponding values for each layer within the length of the volume (right).

The number of possible templates for the established **m** is $N_m = (4 - 2 + 1) \times (3 - 2 + 1) \times (2 - 2 + 1) = 6$.



Figure 2: Volume Y (right at the top) obtained after the mapping procedure of volume U (presented in Figure 1), with mean and SD values of $\mu = 1.3125$ and $\sigma = 1.0908$, respectively, and the corresponding values for each layer within the length of Y (bottom).



Figure 3: Volume **Z** obtained after the rounding operation of the elements of **Y** shown in Figure 2, for c = 3.

In this case, none of the dispersion patterns obtained repeats itself. Therefore, the probability of each pattern is 1/6. After applying the Shannon definition, for this example, we verify that the entropy value using DispEn_{3D} is 1.7918.

Costa et al. [18] suggested the use of a multiscale analy-168 sis to evaluate the irregularity of biomedical systems through 169 multiple temporal scales. This approach, originally applied 170 to signals, is based on a coarse-graining procedure where the 171 signal is down-sampled using an averaging method for mul-172 tiple scale factors (τ). By extending the original procedure 173 to three-dimensions, for a volume U, the new coarse-grained 174 volume $\mathbf{Y}^{(\tau)}$ is obtained as follows: 175

$$\mathbf{Y}_{i,j,k}^{(\tau)} = \frac{1}{\tau^3} \sum_{\substack{l=(i-1)\tau+1\\m=(j-1)\tau+1\\n=(k-1)\tau+1}}^{k\tau} \mathbf{U}_{l,m,n} , \qquad (6)$$



Figure 4: Representation of the embedded templates for $\mathbf{m} = [2, 2, 2]$ of the volume \mathbf{Z} .

where τ is the scale factor, determining the rate of down-176 sampling, $1 \le l \le H/\tau$, $1 \le m \le W/\tau$, and $1 \le n \le L/\tau$, and the volume $\mathbf{Y}^{(\tau)}$ has $\frac{H}{\tau} \times \frac{W}{\tau} \times \frac{L}{\tau}$ voxels. For example, if a 17 178 volume U has $100 \times 100 \times 100$ voxels, for $\tau = 1$, $\mathbf{Y}^{(1)} = \mathbf{U}$, for 179 $\tau = 2$, the volume $\mathbf{Y}^{(2)}$ will have half of the length, half of the 180 width, and half of the height, having therefore, $50 \times 50 \times 50$ 181 voxels, and for $\tau = 3$, $\mathbf{Y}^{(3)}$ will have a third of the length, a 182 third of the width, and a third of the height, *i.e.*, $33 \times 33 \times 33$ 183 voxels, and so on. 184

When using a multiscale approach, several τ values 185 are used, leading to several coarse-grained versions of the 186 original volume. Then, the entropy measure (in this case 187 $DispEn_{3D}$) is applied to each coarse-grained volume, leading 188 to the multiscale approach (in this case, $MDispEn_{3D}$) to 189 evaluate the complexity of a biomedical data. The maxi-190 mum scale factor determines the size of the smallest down-101 sampled volume. Due to the size of our data, the maximum τ 192 value was chosen equal to 6. For our analysis, the DispEn_{3D} 193 entropy values were thus analyed for $1 \le \tau \le 6$. Besides, 194 a new variable θ was defined based on the sum of these 195 MDispEn_{3D} values: 196

$$\theta = \sum_{\tau=1}^{6} MDispEn_{3D}(\tau), \tag{7}$$

where $MDispEn3D(\tau)$ corresponds to the multiscale entropy value obtained for the scale factor τ using $DispEn_{3D}$ as the entropy measure. The algorithms were excuted using MATLAB[®].

201 2.2. Validation tests

We performed several tests for the proposed algorithms to validate their ability on identifying increasing irregularity degrees and verify their proper behavior with 3D data. DispEn_{3D} was tested on different cubes of dimensions 256 \times 256 \times 256 voxels. These volumes are composed of images taken from [19]. The first group of synthetic textures

was composed of periodic images as shown in Figure 5 208 (a), (b), and (c), while the second group was composed of 209 non-periodic images as shown in Figure 5 (d), (e), and (f). 210 An algorithm generates these textures using a deterministic 211 search process where each region of the periodic texture 212 is equivalent to that of the non-periodic texture [20]. This 213 algorithm is based on Markov random field texture models. 214 To compute $DispEn_{3D}$ values, the parameters were set as 215 c = 5, and $\mathbf{m} = [2, 2, 2]$. These parameters were used 216 previously for 1D data in [16, 21]. This test will allow to 217 illustrate if the DispEn_{3D} algorithm is able to differentiate 218 texture behaviors. 219



Figure 5: Volumes of $256 \times 256 \times 256$ voxels presenting periodic textures (a), (b), and (c), and their non-periodic textures (d), (e), and (f) based on the textures of [22].

2.3. Clinical data

The magnetic resonance imaging (MRI) scans were 221 obtained from 42 patients who went through UFE (at 3 222 time instances for the follow-up), in the Centre Hospitalier 223 Regional Universitaire (CHRU) La Cavale Blanche and the 224 Polyclinique Keraudren, both in Brest, between 2018 and 225 2020. Consent was obtained from the patients and the work 226 has been approved by the ethical committee. The study of 227 MRI scans was performed for sagittal T2 scans without 228 gadolinium as recommended by the medical doctors. The 229 average age of the patients was 45 ± 9 years, that is goes 230 back to the most common age of the onset of fibroids [1, 2]. 231 This study included the UFS-QOL and FSFI surveys. The 232 patients had to complete these surveys at 3 time instances: 233 the day of the UFE procedure (D0), after 10 days (D10), and 234 after six months (M6). The protocol was carried out by an 235 experienced radiologist (Pr. M.N.). The patients underwent 236 the procedure under local anesthesia. The embolization was 237 realized with Embosphere[®]. The definition of the region 238 of interest (ROI) was performed by Dr. S.S., a radiology 239 intern; the volume of the fibroid and the apparent diffusion 240 coefficient (ADC) were computed. ADC is related to the 241 degree of water diffusion in tissues [23]. 242

Several variables were studied, including clinical and image-based features. The clinical data included the following: age, body mass index (BMI), gestiture, parity, number of spontaneous miscarriages, presence of a previous fibroid,

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type of contraception used, treatment taken by the patient
before embolization (D0), and the scores obtained from the
surveys (FSFI, SSS, and HRQL) at D0 and M6. From the
fibroid, characteristics like volume and ADC were also considered at D0, D10, and M6. These variables were defined
as being related either to the appearance of a fibroid or its
evolution.

The MRI scans were evaluated using MDispEn_{3D}. The 254 size of the main fibroid was identified with the medical 255 doctors. To determine the volume to process, first a square 256 containing the ROI was determined by the radiologist and 257 defined on an equal volume regardless of the MRI acquisi-258 tion instant for each patient (see Figures 6 and 7). Then, the 259 number of processed images (z-dimension) was considered 260 to be the minimum number of images composing each 261 patient's MRI scans (D0, D10, M6). The smallest volume 262 of interest (VOI) considered in the study had a dimension 263 of $46 \times 46 \times 28$ voxels and the largest had a dimension of 264 $233 \times 233 \times 28$ voxels. The size of fibroid was obtained using 265 the major axis of the fibroid (see Figure 6). 266



Figure 6: MRI scan of a patient with the definition of the size of the fibroid (yellow arrow).



Figure 7: Squared ROI defined according to the MRI shown in Figure 6.

The ROI was then normalized to obtain a comparable average gray level among the MRI scans. The normalization procedure was performed as follows:

$$\mathbf{V}_{norm} = \frac{\mathbf{V} - \min(\mathbf{V})}{\max(\mathbf{V}) - \min(\mathbf{V})},$$
(8)

where **V** is the VOI containing the original ROI selected by the radiologist of a patient at one time period (D0, D10, or M6), min(**V**) corresponds to the minimum value of **V**, and max(**V**) to the maximum value of **V**.

The entropy of the VOI was calculated using the 274 MDispEn_{3D} algorithm, with the following parameters: number of classes c = 5, embedding dimension $\mathbf{m} = [2, 2, 2]$, 276 and the maximum τ value was chosen equal to 6. We have 277 chosen the same parameters (number of classes, embedding 278 dimensions, and τ) as in the texture validation test, recommended for 1D data [16, 21] 280

281

2.4. Statistical analysis

When analyzing entropy curves, all of the 42 patients 282 were included in the analysis. When analyzing the survey 283 answers and the entropy for correlation analysis, we only 284 used 34 patients as 8 of them did not complete the sur-285 veys. After obtaining the 30 variables from the surveys, a 286 descriptive statistical analysis was performed using the R® 287 software. The minimum, maximum, and average values of 288 each variable were considered. In addition, the normality and 289 variance of these variables were verified using graphics. The 290 normality assessment was performed using the Shapiro-Wilk 291 test with a statistical significance of $\alpha = 0.05$. 202

We define the relative difference (RD) between D0 and M6 as:

$$RD_1(X) = \frac{X_{M6} - X_{D0}}{X_{D0}} , \qquad (9)$$

where X is the variable under study, X_{D0} corresponds to the variable X before the embolization at D0, and X_{M6} is the variable X six months after embolization. 293

Similarly, we also define the relative difference of a variable between D0 and D10 as: 297

$$RD_2(X) = \frac{X_{D10} - X_{D0}}{X_{D0}} \,. \tag{10}$$

For all the statistical tests, the threshold of statistical ²⁹⁸ significance was $\alpha = 0.05$.

The identification of a relationship between several con-300 tinuous quantitative variables was performed using the Pear-301 son's correlation coefficient (parametric) test or the Spear-302 man's correlation coefficient (non-parametric) test. For a 303 *p*-value lower than the significance level, the correlation 304 was accepted, rejecting the null hypothesis, and the cor-305 relation coefficients were retained. Then, the explanatory 306 variables with normal distribution were studied using linear 307 regression. For the variables that did not follow the normal 308 distribution, a logarithmic transformation or using Box-Cox 309 was used. 310

The variables with a normal distribution were used to explain the difference of the mean values between two samples. When the samples had the same variance values, the Student's test was performed. Otherwise, the *Welch*'s test was implemented. Through the *Fisher*'s test, the equality of variance between two samples was also verified.

Table 1

 DispEn_{3D} values on the volumes composed by periodic textures (a), (b), and (c), and non-periodic textures (d), (e), and (f) shown in Figure 5.

Texture (a)	Texture (b)	Texture (c)
1.07	1.13	2.34
Texture (d)	Texture (e)	Texture (f)
Texture (u)		

When testing more than two samples, the equality of 317 variances was analyzed. The mean values were compared 318 with the ANOVA (parametric) test or the Kruskal-Wallis 319 (non-parametric) test. In case of a significant result for the 320 ANOVA test, when having a control group, we used the 321 Dunnett's test. This test identifies which sample is different 322 from the control group. When a control group did not exist, 323 the Tukev's test was performed. For a significant result when 32/ using the Kruskal-Wallis, we used the Dunn's test. The latter 325 allows testing each sample against each of the remaining 326 samples, and verifies when they are different. 327

When the quantitative variables did not have a Gaussian distribution, the number of (independent) samples of the qualitative variable was determined. For two samples, the non-parametric Wilcoxon signed rank test was used. For more than 2 samples, the *Kruskal-Wallis* test was used. For a significant result, the *Dunn*'s test allowed determining which sample allows the difference.

In order to verify the independence of two categorical variables, the χ^2 test of independence was used if at least 80% of the expected frequencies were greater than 5, with *Yates*'s correction. Otherwise, the *Fisher*'s exact test was used.

After evaluating the correlation between variables, if the correlation was found to be statistically significant (*p*value<0.05), linear regression models were performed.

343 3. Results and Discussion

344 3.1. Synthetic data

In Table 1, we can observe that the periodic synthetic-345 based volumes (Figures 5(a) and (b)) show lower $DispEn_{3D}$ 346 values than the non-periodic synthetic-based volumes (Fig-347 ures 5(c) and (d)), as expected. Since the volumes (c) and 348 (d) are more irregular than the volumes (a) and (b), their 349 entropy values are higher. This leads to the conclusion that 350 DispEn_{3D} has the ability to identify different irregularity de-351 grees. In addition, volume (a) has larger variations and more 352 gray content than volume (b). Therefore, its irregularity is 353 higher. It should therefore lead to a higher entropy value. For 354 similar reasons, volume (c) should lead to a higher entropy 355 value than volumes (b) and (d). From Table 1, we observe 356 that $DispEn_{3D}$ has the ability to differentiate such textural 357 behaviors. 358

359 3.2. Clinical data

As mentioned above, the MRI scans of uterine fibroids were assessed using MDispEn_{3D}. For this work, 6 scale

Table 2

Correlation coefficient (ρ) and *p*-value (* means significant value) between the entropy values (scale factor $\tau = 1$ and θ) and the fibroid characteristics (size, volume, and ADC).

Variables		$\tau = 1$	θ		
	ρ	p-value	ρ	p-value	
Size	-0.484	$1.21 \times 10^{-8*}$	-0.498	$4.12 \times 10^{-9*}$	
Volume	-0.390	$6.14 \times 10^{-5*}$	-0.452	$2.34 \times 10^{-6*}$	
ADC	-0.281	0.01*	-0.077	0.46	

factors were studied and used in the computation of the θ 362 score (see Equation 7). 363

Figure 8 shows the mean and standard deviation (SD) 364 of the entropy values obtained for our dataset for each scale 365 factor at D0, D10, and M6. We observe increasing entropy 366 values with scale factors. This is true for entropy values 367 computed at D0, D10, and M6. This can be explained by 368 the fact that, when increasing the scale factor, the degree of 369 down-sampling increases, and therefore, the resulting sam-370 ples become less similar between each other. Given the lower 371 similarity between samples, a more irregular down-sampled 372 volume is obtained. When volumes are more irregular, the 373 entropy is expected to be higher. Hence, in Figure 8, the 374 entropy value is higher for larger scale factors since the 375 irregularity increases with the down-sampling procedure. 376



Figure 8: Mean and standard deviation values of MDispEn_{3D} for D0, D10, and M6, for c = 5, $\mathbf{m} = [2, 2, 2]$, and $1 \le \tau \le 6$.

Afterwards, we studied the possible correlation between 377 the 30 variables. As shown in Table 2, significant inverse 378 correlations were found between DispEn_{3D} value (at scale 379 factor $\tau = 1$ and θ) and the fibroid size, between DispEn_{3D} 380 values and fibroid volume, and between DispEn_{3D} at scale 381 factor $\tau = 1$ and the ADC variable, for the periods D0, 382 D10, and M6. These results are interesting as they reveal 383 a direct relation between entropy values and the size and 384 volume of the fibroid and, therefore, the evolution of the 385 patient response to treatment. 386

Moreover, an inverse correlation was found between ³⁸⁷ DispEn_{3D} values (at scale factor $\tau = 1$ and θ) and the SSS ³⁸⁸

score at M6: coefficient of -0.459 and a significant *p*-value 38 of 8.16×10^{-3} for DispEn_{3D} at $\tau = 1$, and a coefficient of 390 -0.488 and a significance of 4.60×10^{-3} for the θ score. As 391 mentioned above, the SSS score is obtained using surveys to 392 assess the severity of the symptoms. Our results show that, 393 the higher the SSS score, the lower the DispEn_{3D} values at 304 scale factor $\tau = 1$ or θ . DispEn_{3D} and its multiscale version 395 therefore allow to objectively quantify the severity of the 396 symptoms. 397

A positive correlation between the patients age and the relative difference of DispEn_{3D} (between D0 and M6) for $\tau = 1$ was also found to be significant with a confidence of 99% ($\rho = 0.43$ and $\alpha = 8.39 \times 10^{-3}$): for older patients a higher relative difference of entropy values is observed.

As mentioned above, when significant correlations were found between variables, we proceeded to model linear regressions. We thus obtained the following linear expression:

$$y_1 = 1.07 - 0.04 \times x_1, \tag{11}$$

where y_1 represents the DispEn_{3D} entropy value at scale factor $\tau = 1$, and x_1 represents the size of the fibroma (size of the major axis of the ROI), both regardless the period, as shown in Figure 9. Nearly 28% of the variance is expressed by this regression model.



Figure 9: Linear regression between DispEn_{3D} at scale factor $\tau = 1$ using the size of the major axis of the fibroid.

A linear regression between θ and the size of the fibroma was also found:

$$y_2 = 18.81 - 0.70 \times x_2, \tag{12}$$

where y_2 represents the θ score and x_2 represents the size of the fibroma. Both variables were studied independently of the time instant (D0, D10, or M6).

Based on the relationship between the texture analysis and the fibroid major axis sizes, the evolution at M6 of fibroid size was modeled using DispEn_{3D} at scale factor $\tau = 1$ and at D0 according to the following expression:

$$\log(y_3) = 2.62 - 0.06 \times x_3, \tag{13}$$

where y_3 represents the size of fibroma at M6, and x_3 411 corresponds to the θ value at D0. 412

We also found a similar equation for $\tau = 1$ at D0:

$$\log(y_4) = 2.54 - 1.03 \times x_4, \tag{14}$$

where y_4 represents the size of fibroma at M6 and x_4 corresponds to the DispEn_{3D} value at scale factor $\tau = 1$, at D0. This model explains almost 28.0% of the variance. Multiscale entropy, using the θ score, allows explaining slightly more variance (30.0% against 28.0%), see Figure 10.



Figure 10: Linear regression explaining the size of fibroid at M6 using the θ score at D0.

Figure 11 shows the linear regression between DispEn_{3D} at $\tau = 1$ and the volume of the fibroid, regardless of the time period:

$$y_5 = 0.90 - (7.2 \times 10^{-4}) \times x_5, \tag{15}$$

where y_5 represents DispEn_{3D} at scale factor $\tau = 1$ and x_5 represents the volume of the fibroid at any period. A negative coefficient was found for this model, which was able to explain 25% of the variance. Even though size and volume are related, the size actually allows to obtain a slightly better value of explained variance.

A similar equation was found for θ and the volume of the fibroid independently of the time period:

$$y_6 = 16.23 - 0.01 \times x_6, \tag{16}$$

where y_6 represents the relative difference of θ (see Equation 7) between D0 and M6, and x_6 represents the volume of the fibroid.

The evolution of the texture (DispEn_{3D} at scale factor $\tau = 1$) between D0 and M6 was also determined using the patient age:

$$y_7 = -1.13 - 0.03 \times x_7, \tag{17}$$

where y_7 corresponds to the relative difference of DispEn_{3D} 427 at $\tau = 1$ between M6 and D0 (see Equation 9) and x_7 428 represents the age of the patient. 429



Figure 11: Linear regression between DispEn_{3D} at scale factor $\tau = 1$ and the fibroid volume.

A positive correlation between the age of the patient and 430 the evolution of DispEn_{3D} at scale factor $\tau = 1$ between D0 431 and M6 was found with a *p*-value of 0.01, see Figure 12. This 432 means that older patients are expected to have higher positive 433 evolution of texture, i.e., the relative difference between 434 $DispEn_{3D}$ values at D0 and M6 is expected to increase. 43 This can be explained by the fact that older patients may 436 have more often calcified fibroids, and the cessation of blood 43 supply may result in a more significant change in texture than 438 in younger patients. In fact, calcifications are present during 439 the terminal phases of hyaline degeneration [24]. 440



Figure 12: Linear regression between $RD_1(DispEn_{3D,r=1})$ and the age of the patient.

A linear regression between DispEn_{3D} at scale factor $\tau = 1$ and the SSS score, at M6, was also found:

$$y_8 = 0.09 - 0.01 \times x_8, \tag{18}$$

where y_8 represents DispEn_{3D} at scale factor $\tau = 1$ and at M6, and x_8 is the SSS score at M6.

Eq.	Variable x	Variable y	\mathbb{R}^2	p -value
11	Size	$\tau = 1$	0.280	1.58×10^{-10}
12	Size	θ	0.251	1.86×10^{-9}
13	heta at D0	Size at M6	0.300	1.48×10^{-4}
14	$\tau{=}1$ at D0	Size at M6	0.280	2.67×10^{-4}
15	Volume	$\tau = 1$	0.252	6.29×10^{-8}
16	Volume	θ	0.239	1.74×10^{-7}
17	Age	$RD_1 \ (\tau = 1)$	0.142	9.66×10^{-3}
18	SSS at M6	$\tau{=}1$ at M6	0.161	0.01
19	SSS at M6	heta at M6	0.108	0.04



 R^2 and *p*-value of linear regressions obtained, equations 11 to 19.

In Figure 13 we observe that the lower the SSS score, the higher the $DispEn_{3D}$ values, for a 98% confidence level. This relationship shows that it is possible to quantify *objectively* the SSS score.



Figure 13: Linear regression between DispEn_{3D} at scale factor $\tau = 1$ and the SSS score, both at M6.

Similarly, the θ and the SSS score, both at M6, are modeled by:

$$y_9 = 15.55 - 0.08 \times x_9, \tag{19}$$

where y_9 represents the θ variable as shown in equation 7 at M6, and x_9 represents the SSS score at M6. However, this model only explains about 11% of variance.

In table 3 we summarize the linear regression models and their R^2 coefficients as well as their *p*-values. As we can observe, all of the linear models were found to be statistically significant for *p*<0.05. Moreover, 7 out of the 9 models were statistically significant for *p*<0.01.

Finally, from Figure 14, we observe that the group of patients that had previous history of fibroids has a higher entropy value (scale factor $\tau = 1$). The texture of fibroids between the group of patients that had previous history of fibroids and the group that did not is statistically different (*p*-value= 0.02). Therefore, the texture of a fibroid before

surgery might be modified with the presence of previous 461 history of fibroid. 462



Figure 14: Boxplot representing DispEn_{3D} values (for scale factor $\tau = 1$) according to previous history of fibroid (YES) or not (NO).

4. Conclusion 463

In this paper we introduced the multiscale tridimensional 464 dispersion entropy (MDispEn_{3D}). It was applied on MRI 465 scans of uterine fibroids. One of the main results of this study 466 is the prediction, before EFU, with a 99% confidence level, 46 of the size of the fibroid 6 months after the embolization. 468 Additionally, this study reveals inverse correlations between 469 the 3D texture of uterine fibroids, using MDispEn_{3D}, and 470 their morphological characteristics (like size and volume). 471 These linear regressions show a confidence level higher than 472 99%. Moreover, the older patients show a larger positive 473 difference in entropy values. The associated model has a 474 confidence level higher than 99% and may be a positive 475 indication that EFU is efficient for these patients who may 476 have an additional benefit through this treatment. 477

We also have *objectively* quantified the severity of the 478 patients symptoms using 3D texture analysis at M6. The 479 answers to the symptom severity survey remain subjective, 480 as sometimes the tolerance of the patient might influence her 481 response. Texture analysis might be a good alternative to the 482 SSS score evaluation at M6. Besides, MDispEn_{3D} may be an 483 interesting tool to help medical doctors towards a quantifica-484 tion of the evolution of fibroids characteristics after EFU. It 485 could also help in identifying if EFU is appropriate for the patient, as mentioned for the older women. If the response 487 is negative, another treatment could be considered by the 488 doctor. 180

There is still space to improve this study as it would be interesting to include patients with additional characteristics 491 such as patients with different ethnicity, patients experienc-492 ing menopause, or other elements related to the evolution of 493 fibroids. 494

CRediT authorship contribution statement

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